

JEREMY STALNECKER

Mighty Oaks Foundation





Co-Founder, Executive Director, USMC Veteran



BIO

Jeremy Stalnecker seeks to help others answer one of the toughest questions we all face, "How do I move forward when my world is falling apart?" Jeremy is the Co-Founder of the [Mighty Oaks Foundation](#) dedicated to helping America's military warriors and their families who are suffering from the unseen wounds of combat such as Post Traumatic Stress Disorder (PTSD). In addition to his current role, Jeremy has served as a Marine Corps Infantry Officer, and as Senior Pastor. He is an accomplished author, inspirational speaker, and a frequent guest on some of America's most prominent news networks. When not working, Jeremy enjoys spending time with his wife and four children, training Brazilian Jiu Jitsu or getting ready for an upcoming Ultra Marathon.

SOCIAL MEDIA

-  X
-  Facebook
-  LinkedIn
-  Youtube
-  Website
-  Podcast

MIGHTY OAKS FOUNDATION

The Mighty Oaks Foundation is dedicated to helping America's military warriors and their families suffering from the "unseen wounds" of combat such as Post Traumatic Stress Disorder (PTSD).

Committed to serving the brokenhearted, the Mighty Oaks Foundation provides intensive, peer-based discipleship through programs, outpost meetings, and speaking events. The Mighty Oaks Warrior Programs host Men, Women, and Marriage Advance Programs at multiple locations nationwide. The Warriors who attend are fully sponsored for training, meals, and lodging needs to ensure that upon arrival to the ranch, each Warrior is focused solely on his or her recovery and identifying purpose moving forward.

INTERVIEW TOPICS

MARCH OR DIE

- Taking the next step: How to move forward when we don't know how
- Stop making excuses and allowing yourself to remain stuck
- Finding hope in hopeless situations
- Marching forward when it's easiest to die

MAKING THE MOST OF YOUR MESS

- How to find your own purpose in the midst of an overwhelming mess
- A mess is only a mess if you don't know how to redeem it
- Finding the value in the worst situations

STILL HERE

- Four things to focus on when the battle gets long:
 - The fight is worth it (and why)
 - God will not and has not forgotten us
 - There are things worth fighting for
 - Victory is possible

LIFE WITHOUT LIMITS: A DISCUSSION ABOUT TRAUMA

- Trouble comes when:
 - Failing to recognize trauma for what it is
 - Lacking a clear roadmap to moving beyond it
- How to clear a path forward
- Struggling after trauma is only human and does not define you
- Don't let trauma limit what God wants you to do for your life

BOOKS

MARCH OR DIE

<https://mighty-oaks-store.myshopify.com/collections/books/products/march-or-die-book>

LEADERSHIP BY DESIGN

https://mighty-oaks-store.myshopify.com/products/leadership-by-design?_pos=1&_sid=4c02fce85&_ss=r

<https://a.co/d/9M1Yeli>

PATH TO RESILIENCY

<https://a.co/d/2YabuJf>

https://mighty-oaks-store.myshopify.com/products/path-to-resiliency-paperback-book?_pos=1&_sid=507abc9e0&_ss=r

THE TRUTH ABOUT PTSD

<https://a.co/d/7BHWdNe>

https://mighty-oaks-store.myshopify.com/products/the-truth-about-ptsd?_pos=1&_sid=32fe53953&_ss=r

OFFENSIVE FAITH

<https://www.amazon.com/dp/1598944681/>

PODCASTS

MARCH OR DIE

<https://www.youtube.com/@JeremyStalnecker>

MEDIA APPEARANCES

**THE CHAD
PRATHER SHOW**

<https://youtu.be/oHlTtRcIDYQ>

**LIFE WITHOUT
LIMBS**

<https://youtu.be/Ziq8OdDsJX8>

**AFTER HOURS
WITH ALEX SALVI**

<https://fb.watch/lyGRjVohxr/>

BREITBART NEWS

<https://soundcloud.com/breitbart/breitbart-news-tonight-jeremy-stalnecker-november-8-2018>

**AMERICAN NEWS
NETWORK**

<https://www.youtube.com/watch?v=NmQrZ8HcyEg>

CROSSPOLITIC

<https://www.youtube.com/live/z6DugS5k32w?feature=share>

**HARD MEN
PODCAST**

<https://podcasts.apple.com/us/podcast/iraq-war-marine-corps-life-march-or-die-with-jeremy/id1512510969?i=1000615322322>

**DEAD MEN
WALKING
PODCAST**

<https://podcasts.apple.com/us/podcast/dead-men-walking-podcast/id1507591113?i=1000576324514>

**THE RENAISSANCE
OF MEN PODCAST**

<https://podcasts.apple.com/us/podcast/jeremy-stalnecker-trauma-god-and-redemption/id1533933447?i=1000586611610>

**THE BIBLICAL
COUNSELING
COALITION**

<https://www.biblicalcounselingcoalition.org/podcast-episode/1540-ep-141-leadership-series-1-jeremy-stalnecker/>

HAZARD GROUND

<https://podcasts.apple.com/us/podcast/jeremy-stalnecker-u-s-marines-mighty-oaks-foundation/id1194875626?i=1000599477914>

DAD.WORK

<https://podcasts.apple.com/us/podcast/finding-purpose-and-redemption-from-trauma-jeremy/id1587971143?i=1000617714952>

**SHADOWCAST
RADIO**

<https://podcasts.apple.com/us/podcast/hope-in-the-midst-of-hardship-with-jeremy-m-stalnecker/id1509863817?i=1000537073867>

**VETERANS
CHRONICALS**

<https://podcasts.apple.com/us/podcast/veterans-chronicles/id268683465?i=1000576354568>